

## **Declare Focus Within Fields of Study**

Students in the MSc and PhD programs can declare their intentions to focus within one of the following 3 fields. We recognize your topic in the declared field may also cross other fields so your preference should not be viewed as limiting your learning experiences. They are:

### **1. Illness Prevention and Management**

Health promotion, illness prevention and chronic disease management are proactive approaches to health care. These approaches may involve strategies at the individual, family, and community levels. Health promotion and illness prevention strategies are focused on keeping people well and preventing illness. Scholars engaged in research in this area of excellence are committed to developing an understanding of preferences for care; interventions to promote health of individuals, families and communities; and interventions aimed at supporting those living with acute or chronic conditions

### **2. Health Equity and Disparity**

Health equity occurs when individuals, locally or globally, have the opportunity to maximize their full health potential. Health disparities occur when there is a difference in health status between two groups. Health equity and health disparities are influenced by the social determinants of health and the conditions in which people live, work, and play. Scholars engaged in research in this area of excellence are committed to defining, measuring, understanding and addressing health disparities particularly in populations disadvantaged due to socioeconomic status, race/ethnicity, sexual orientation, gender, disability status, geographic location or a combination of the above. This includes advancing interventions, programs, and policies that promote resiliency, access, social justice, and health equity.

### **3. Health System Integration and Innovation**

Health systems or health services research aims to improve the efficiency and effectiveness of the health care system through changes to practice and policy. Scholars engaged in research in this area of excellence are committed to the development, implementation, and evaluation of innovative interventions as well as the translation of this knowledge to support optimal health service provision and improved health care outcomes.

**Name:** \_\_\_\_\_

**Please indicate your Preference:**

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